

world.
JOURNEYS

WORLD JOURNEYS PERU EDUCATIONAL



 **LATAM**
AIRLINES

SOUTH AMERICA

SEPTEMBER 2016

WED 28 AUCKLAND > SANTIAGO > LIMA

5.00pm Meet with Judith, Kath Mason and the rest of our group at Auckland International Airport at the entrance to the LATAM check-in lanes. When checking in make sure your bags have been tagged as far as Lima and you are holding boarding passes for both flights.

7.10pm Depart AUCKLAND on LAN flight LA800.

Flying time: 11 hours, 20 minutes

During the flight you cross the International Dateline and gain a day.

2.30pm Arrive SANTIAGO and remain in transit

4.10pm Depart SANTIAGO on LAN flight LA632

Flying time: 3 hours, 55 minutes

6.05pm Arrive LIMA.

On arrival we are met and transferred from the airport to our hotel situated in the stylish suburb of Miraflores. The evening will be at leisure.

Casa Andina Select Miraflores

Calle Schell 452

Miraflores

PERU

Ph: +51 1 416 7500

Accommodation for 2 nights in a standard twin room including breakfast

In: 28-Sep-16 Out: 30-Sep-16

Casa Andina Select Miraflores is located in the exclusive district of Miraflores (a residential and commercial area), just three minutes away from the Pacific Ocean and a few minutes away from commercial areas, culture, cinemas, restaurants, and entertainment places.



Lima is Peru's cultural and business centre although it runs at a slower pace than many South American metropolises; its rhythm is more traditional, and its people reflect a steadier, calmer constitution. Lima's unusually amenable inhabitants give the metropolis the feeling, at times, of a cluster of smaller towns. Its physical atmosphere is slightly dreamlike, mostly because of the garua - a mist that settles over the city between May and October. Under its blanket, the locals meet at the penas (bars offering folk and Creole music), shop at the open marketplaces, and dine at the city's celebrated restaurants.



Today enjoy a full day sightseeing tour of Lima, a Viceroyalty of Madrid and in Spanish colonial times the most important city in the Americas. We start in the commercial and social centre of Miraflores overlooking the Pacific Ocean, then continue on to the residential district of San Isidro where we will visit the pre-Inca adobe platform of the

Huaca Huallamarca. In the centre of the city we admire the Plaza de Armas (the main square) and appreciate majestic colonial architecture. Flanking the square are the Government Palace where Francisco Pizarro took up residence in 1538; the Cathedral which houses Pizarro's remains and the Archbishop's Palace with its beautiful balconies. Nearby visit the fascinating Monastery of San Francisco complete with catacombs.

We then proceed to the outstanding Larco Herrera Museum, considered to contain some of the finest examples of Inca and pre-Inca artefacts in the world. The museum displays countless superb examples of pre-Hispanic gold, silver and copper articles. Included are magnificent necklaces, bracelets, rings, masks, vases, erotic pottery, tools and statuettes together with a wonderful display of ancient textiles – beautifully preserved in the arid climate of the Peruvian desert coast. There is an excellent café at the museum where World Journeys will host lunch before touring the exhibits.



Leaving the museum we will have three hotel inspections. First will be the wonderful boutique Hotel B where we can enjoy *Lonche* (high tea). Also visited will be the recently opened Atemporal Hotel and finally the excellent Casa Andina Private Collection Hotel which is also situated in Miraflores not far from where we are staying.

This evening you will be guests of World Journeys and our Peruvian partner Condor Travel, for dinner at La Rosa Nautica.

FRI 30 **LIMA > IQUITOS > AMAZON CRUISE** (BLD)

This morning we transfer to Lima airport.

9.59am Depart LIMA on LAN flight LA2380
Flying time: 2 hours

11.59am Arrive IQUITOS

On arrival in Iquitos we will be transferred to the river port of Nauta to embark on our Amazon cruise.

Custom built for Aqua Expeditions by leading Peruvian architect Jordi Puig, the Aria Amazon allows her guests to explore the Peruvian Amazon in utmost comfort. The 45 metre Aria Amazon set sail in 2011 following the success of its sister ship, the Aqua Amazon. Spacious and indulgent, yet intimate enough to feel entirely exclusive, the 16-cabin Aria Amazon incorporates extremely generous dining and lounging areas including an outdoor Jacuzzi overlooking the Amazon's river views.



The striking matte black hulled ship can accommodate a maximum of 32 guests plus 24 crew including a paramedic and four English speaking naturalist guides. Aqua Expeditions' highly experienced cruise ship captain and crew and the Aqua Expedition's rigorous cruise ship standards ensure smooth travel and safety on the waters of the Amazon.

Floor to ceiling windows face the Amazon River (with blackout windows for maximum privacy) in each of the Aria Amazon's 16 Design Suites, four of which can interconnect for families. Handsomely decorated with natural fibres and neutral hues these air-conditioned accommodations with en suite sitting areas and bathrooms each measure 23 square metres.

Enjoy the Aria Amazon's low-key luxury. As we settle into our handsomely appointed, generously proportioned suites, feel the vessel begin to move – the beginning of one of your life's great adventures.



Aqua Expeditions' 3 night Amazon River luxury cruise on the Aria Amazon begins in the remote colonial city of Iquitos, Peru and transports guests in exceptional comfort deep into the Amazon rainforest, along the Ucayali River, the Amazon's largest tributary, as well as other neighbouring rivers (the Yarapa and Dorado), each one rich in vibrant wildlife and thriving rainforests. Go fishing for the many species of Amazon fish, explore the dense jungle on foot in search of three-toed sloths, toucans, macaws then come back to the comfort of our skiffs to meet taricaya turtles in their natural habitat and hunt for endangered pink dolphins, unique to the Amazon, at play. As the Aria Amazon journeys towards the union of the Ucayali and the Marañon Rivers, considered the birthplace of the Amazon, learn from our experienced, English speaking naturalist guides about the diverse Amazon wildlife and birds of the Pacaya-Samiria National Reserve.



Before dinner there will be a routine safety drill. Then it's into the air-conditioned lounge, where we will learn about life on board and enjoy the first nightly briefing about your next day's Amazon adventure. Meet our naturalist guides and your cruise director, who will use video, photos, and maps to introduce the details of our journey deep into the Peruvian Amazon.

Then it is time for the welcome dinner. Relax, sip fine South American wine, toast the beginning of a beautiful journey and enjoy the innovative Amazonian cuisine, created by Executive Chef Pedro Miguel Schiaffino, whose restaurant, Malabar, is the one of Lima's top ranked dining experiences. Schiaffino's imaginative use of local products – fruit, fish, spices – makes every meal a delightful adventure. Perhaps then sip a nightcap on the Upper Deck under the stars, before retiring.

Aria Amazon Cruise

Accommodation for 3 nights in a Design Suite cabin including all meals and shore excursions.

In: 30-Sep-16 Out: 03-Oct-16

OCTOBER 2016

SAT 01 AMAZON RIVER > YARAPA RIVER > UCAYALI RIVER (B)(L)(D)

Wake early and enjoy the beautiful view of sunrise before enjoying a sumptuous breakfast buffet featuring a wide variety of dishes, plus Peruvian specialties and fresh fruit juices. Then board the comfortable skiff to sail from the Amazon River into the Yarapa River. Life jackets, ponchos, rubber boots and fresh water are always available in these private boats.



As we float down the Yarapa, past the occasional fishermen paddling in their canoes, keep your binoculars ready to spot wildlife: terns, tropical songbirds, black collared hawks and sloth share this wonderful world with us. After some time on the river return to the Aria Amazon while the boat continues its journey along the Amazon River, you will have free time to rest or take a siesta before lunch. Some may choose to relax on the top deck and just watch the river life pass by.

Enjoy a delicious lunch and then a lecture before we sail on to Lake Clavero, where villagers paddle us in their traditional dugout canoes. You may wish to swim safely in the lake's calm waters and visit the community to interact with our Amazonia neighbours who will be pleased to welcome us. Before dinner, sip a classic Peruvian pisco sour on the Upper Deck while watching the sun set.



SUN 02 YANALLPA > PACAYA SAMIRIA NATIONAL RESERVE

This morning, board the skiffs to explore a fascinating black water stream, part of the vast Amazon flooded forest within the Pacaya Samiria National Reserve. Our guides will tell us about the jungle as we explore what scientists call a ‘gallery forest’, because of its dense vegetation that creates a tunnel of leaves. As we explore, watch above for parrots, macaws, and fluffy Monk Saki monkeys. Upon returning to the vessel, enjoy an optional Peruvian cooking lesson, then lunch and time for a siesta before a lecture in the lounge by our naturalist guides.

Later we take a magical journey through the ‘jungle of the mirrors’, where towering trees are reflected in the dark river. We move on to the Dorado River where we may observe enchanting parrots, macaws and a variety of primates, unperturbed by our presence. As we make our way back to the vessel, we may see alligators, frogs and fishing bats.



In the evening there will be a crew presentation as we continue our journey upstream, toward the headwaters of the Amazon River, where the Ucayali and Marañon Rivers merge.

MON 03 AMAZON RIVER > SACRED VALLEY OF THE INCAS (B)(L)

This morning, the Aria Amazon skirts the edges of the vast Pacaya Samiria National Reserve, a flooded forest covering five million acres at the headwaters of the Amazon basin. We will see one of the great spectacles - the birth of the Amazon River. Here the junction of two major tributaries, the Ucayali and the Marañon, form one of the greatest merging of rivers in the world - nature at its best.

Our dawn excursion will be accompanied by abundant bird song, as we glide in small boats past large-billed terns, laughing falcons, exotic short-tailed parrot, and dozens of other birds.

We will travel by boat to a community located along the Marañon River, where we meet and interact with local villagers in this remote part of the world and learn about their traditions and folklore. Walk around with your naturalist guides to see how Aqua Expeditions works with these communities to improve their natural resource management. We will have the opportunity to learn about medicinal plants from a Shaman or local medicine teacher, whose knowledge of spiritual healing has been passed down from generation to generation since time immemorial. You will also have the opportunity to shop for handicrafts directly from the artisans.

9.30am Depart the Aria Amazon and transfer to Iquitos Airport via the Manatee Rescue Centre, where Amazonian manatees are rescued and rehabilitated before released back into the wild.

12.55pm Depart QUITOS on LAN flight LA2381
Flying time: 1 hour and 45 minutes

2.40pm Arrive LIMA

Remain in transit

4.20pm Depart LIMA on LAN flight LA2063
Flying time: 1 hour and 20 minutes

5.40pm Arrive CUZCO

On arrival into Cuzco we will transfer some 1000 metres lower, to the beautiful Sacred Valley of the Incas. This makes acclimatization to altitude much easier.



Dinner will be at your own expense both evenings at this hotel.

Aranwa Sacred Valley Hotel
Antigua Hacienda Yaravilca
Urubamba
PERU

Ph:(+51) 1 434 1452

Accommodation for 2 nights in a Deluxe Twin Room including breakfast

In: 03-Oct-16 Out: 05-Oct-16

TUE 04 SACRED VALLEY OF THE INCAS (B)(L)

Today we will enjoy some of the highlights of the Sacred Valley. Visit Moray, an impressive pre-Inca agricultural experiment famous for its incredible circular pattern – a testimony to the brilliance of the Inca civilization.

From there continue onto the salt mines at Maras. Included will be a delicious lunch at Sol y Luna. While enjoying lunch, a charming Peruvian ‘Paso’ horse display will be included (a little like the Spanish riding school in Vienna – though on a smaller scale).



When the tour concludes we will be dropped back at the hotel where the evening is at leisure.

WED 05 SACRED VALLEY OF THE INCAS > MACHU PICCHU (B)(L)(D)

This morning after an early breakfast we transfer to Ollantaytambo Railway Station.

***Important Note Regarding Luggage:** Regulations imposed by the rail company forbid you from taking your large suitcase to Machu Picchu on the train as there is no luggage car on this service. All you will carry is a smaller bag to a maximum weight of 5 Kg's. We will arrange for your main suitcase to be transferred to our hotel in Cusco and these will await you on your return from Machu Picchu. This is standard practice for all groups and individuals visiting Machu Picchu these days.*

8.00am Depart OLLANTAYTAMBO on the Vistadome Train.

The Vistadome service offers panoramic windows allowing unsurpassed views and photo opportunities. Surrounded by glass on all sides, you will feel as if you are part of Peru's remarkable landscape.



9.24am Arrive AGUAS CALIENTES

We will make a short stop at our hotel where luggage can be stored for the day then we will head for a private two hour tour of Machu Picchu, the “Lost City of the Incas”. After the tour we have arranged a delicious lunch in the Buffet Restaurant of the Belmond Sanctuary Lodge Hotel, situated just outside the entrance to Machu Picchu. Following lunch we have arranged a site inspection of the hotel for 2.00pm. After that you will be free to revisit the ruins if you wish and return independently to the hotel at your leisure later in the afternoon. Buses run continuously until around 5.30pm from the entrance back to Aguas Calientes.

Important: You must carry your passport with you as ID to enter the ruins of Machu Picchu



Machu Picchu, the Lost City of the Incas, is one of the most famous examples of Inca architecture, situated in lush jungle, 2,350 metres above sea level. Believed to have been built in the mid-15th century by Inca Pachacutec, it had been lost in history, until discovered relatively recently in 1911. This famous citadel combines the visual and spiritual force of magnificent natural scenery with the natural diversity of a historic sanctuary, and is recognised as a Cultural and Natural Patrimony of the World. Only the Inca and his noblemen, priests, priestesses and chosen women (Akkllas) had free access to the premises of the Machu Picchu sanctuary. The ruins are situated on the eastern slope of Machu Picchu in two separate areas - agricultural and urban. The latter includes the civil sector (dwellings and canalisations) and the sacred sector (temples, mausoleums, squares and royal houses). Although the constructions show different levels of architecture, the religious buildings exhibit a high degree of perfection. The

construction was generally in stone and the roofs were built from tree trunks and thatched with ichu or straw. You will notice how the walls lean slightly inward to protect against earthquakes. The citadel and its well-preserved ruins are a photographer's dream.

El Mapi by Inkaterra

Av. Pachacútec 109

Aguas Calientes

PERU

Ph: (+51) 84 211 011

Accommodation for 1 night in a Superior Twin including dinner and breakfast

In: 05-Oct-16 Out: 06-Oct-16

THU 06 MACHU PICCHU > CUZCO (B)(L)

Enjoy breakfast before walking the short distance back to the station.

8.53am Depart AGUAS CALIENTES on the Expedition Train

10.52am Arrive OLLANTAYTAMBO



Leaving the station we visit the archaeological site of Ollantaytambo, an Inca military, religious and agricultural centre located at the top of a mountain. It was here that Manco Inca defeated the Spanish in 1537 before fleeing to the mountains of Vilcabamba. Climb the steep stone steps up to the fortress and can admire the huge monoliths that form the Temple of the Sun and enjoy a wonderful view down the valley and also the town below. See its incredibly narrow streets and irrigation canals that have not changed since the Incas constructed them.



Lunch will be included at a local restaurant before we head back to Cuzco. On the way we visit the famous weaving village of Chinchero where some twelve families still preserve their traditional costumes, showing us the ancestral way in which they process the wool and obtain those vivid colours for their textiles. After the visit we continue to Cuzco and check into our delightful hotel.

Aranwa Cuzco Boutique Hotel

San Juan de Dios 255 Cusco

Cuzco

PERU

Ph: (+51) 84 60-4444

Accommodation for 3 nights in a Deluxe Twin Room including breakfast daily.

In: 06-Oct-16 Out: 09-Oct-16

The Aranwa Cuzco Boutique Hotel is the essence of luxury and comfort in the heart of the Inca city and only two blocks from the Main Square. Built in a colonial mansion of the XVI century, it displays several paintings of the Cuzco school, colonial sculptures and carvings. Its elegant rooms, equipped with intelligent oxygen system that pumps enriched oxygen into your room to aid sleeping, its gardens and its sophisticated Spa are complemented by the friendly service.

FRI 07 CUZCO

Situated at 3,300 metres, Cuzco was the most important city in the Inca Empire and literally the 'centre of the earth' for the Inca. The town is situated around the impressive central plaza on which there are some wonderful old churches and other buildings, many of which are built atop original Inca foundations. Colourful Indians, most of whom still

speaking Quechua, the tongue of the Incas, can be seen in the cobbled streets and interesting markets. A fascinating historic city, Cuzco fully deserves its World Heritage listing.



This morning we depart on a guided tour of this beautiful city and its surrounding ruins. We will visit Koricancha, or the Temple of the Sun, where you can appreciate the incredible stonemasonry of the Incas. The tour will then take you to the Plaza de Armas, scene of so many historical events in Cuzco during the Inca and Spanish reigns. Under a backdrop of the majestic Andean mountains, the remarkable Spanish colonial architecture of the Cathedral and the Church of La Compañía, built atop the foundations of Inca palaces, seems to have been frozen in time. The Cathedral, the most important in South America, is laid out in the form of a Latin cross and offers beautifully carved woodwork, especially in the side chapels and the cedar choir stalls; a baroque pulpit; the high altar covered in silver and the famous painting of the Last Supper by indigenous artist Marcos Zapata in which a guinea pig is depicted. It even has on display the cross carried by the first conquistadors lead by Francisco Pizarro.



Then enjoy the drive to the Inca fortress of Sacsahuamán on the hill above the city of Cuzco. The views from here down the Andean valley, and overlooking the city, are spectacular. Continue on to the underground cave and temple of Kenko and lastly, visit Tambomachay (known as the “Baths of the Inca” due to its thermal springs), before returning to your hotel.



After your tour concludes we will be dropped back at your hotel and the rest of the day is at leisure.

SAT 08 CUZCO (B)(D)

Much of the day is free to allow you to explore this amazing city at your own pace. We will supply you with tickets that will allow entry into a number of historic buildings and other points of interest. Shopping is also excellent here.



Later in the day starting at 5.00pm we have arranged three hotel inspections. These will include the sister hotels operated by Belmond, the famous Monasterio Hotel and her close neighbour, the exquisite Las Nazarenas. After seeing these hotels we will walk a short distance and inspect the Novotel before enjoying a hosted farewell dinner there.

SUN 09 CUZCO > LIMA > SANTIAGO ⑥

Enjoy a relaxed morning before we transfer to the airport.

1.20pm Depart CUZCO on LAN flight LA2040
Flying time: 1 hour, 35 minutes

2.55pm Arrive LIMA

Remain in transit

5.05pm Depart LIMA on LAN flight LA643
Flying time: 3 hours, 35 minutes

10.40pm Arrive SANTIAGO

Remain in transit

MON 10 SANTIAGO > AUCKLAND

12.55am Depart SANTIAGO on LAN flight LA801
Flying time: 13 hours, 10 minutes

TUE 11 AUCKLAND

6.05am Arrive Auckland

YOUR PERUVIAN JOURNEY ENDS

MEALS:

Where meals are included, they are shown as follows:

⑥ Breakfast ① Lunch ② Dinner

PLEASE NOTE:

All flight times are correct at the time of printing this itinerary, but are subject to change due to flight rescheduling. We recommend that you contact the appropriate airlines at least 48 hours prior to your flight departure to reconfirm the flight timings and required check-in times.

**In the case of genuine emergencies and if you are unable to contact any of the above, World Journeys emergency numbers: +64 21 081 77136
and Judith Wesley +64 21 967 535**