



Laucala Island Activities

Where we have something for everyone and anything is possible



Farm Tour

Start your Laucala Island adventure by getting an understanding of the infrastructure of the island with a two hour farm tour. To begin a guide will take you by vehicle through our herb garden, flower garden, and orchard. Next we make our way to the elaborate hydroponics facility where you will see over 90 different types of fruits, vegetables, citrus trees, and orchids. The tour continues to the other side of the island, along ocean views and dense jungle to the farm animals and horse stables. Along the way you will find yourself getting a deep understanding of this unique island.



Ocean Activities

The dive center is the playground of Laucala, where your imagination is the limit. There are endless possibilities for everyone. Go meet the charming dive center crew to explore the wonders of the ocean.

- Game fishing
- Sailing on the classic yachts, Dragon, Laser, and Hobie Cat
- Take a cruise around the island on a jet ski for a fun way to get a perspective of the size and beauty of Laucala
- Wakeboarding, water skiing, kite surfing, paddle boarding, kayak touring
- Dive at your choice of more than 25 breath taking locations
- PADI dive certification course and Bubble makers dive course for the kids
- Take a sunset cruise on the luxury yacht, Riviera, or the classic sailing yacht, the Rere Ahi

Golf

Find yourself in the unreal experience of our peaceful golf course. No strict tee times, no one in front or behind. Just you and the 18 hole championship course designed by David McLay Kidd.



- Driving range
- Golf Lessons
- Dining at the ninth hole overlook
- For non-golfers a tour of the course by golf buggy will offer expansive views of shimmering coconut trees, turquoise blue waters, and some good bird-watching
- Everything you need from clubs to apparel is available at the golf boutique
- Enjoy an espresso, beer, or wine at the Clubhouse Bar

Horseback Riding

Whether you are an experienced rider or have never touched a saddle in your life, our guide can take you on an enjoyable ride. We have suitable ponies for adults and children alike.



- Ride through the coconut plantation and down the beaches on the resort side
- Take a leisurely ride on “Long Beach” near the stables to come upon a quiet picnic lunch on the beach or at the stable bar

Land Activities

Be active, stay fit, and have fun doing it. Indoors and outdoors there is plenty of reason to get up and get moving around here.

- A well-equipped, modern gym is available for your use.
- Mountain bikes for adults and children: Take a bike to ride around the resort. For the more adventurous, explore the island with a challenging ride all the way around the island.
- Two AstroTurf courts, rackets, and balls are available up at the golf club house.



Hiking Excursions

There is nothing like a beautiful hike to cleanse the soul and connect you to the natural beauty of Fiji. We can take you on hikes around Laucala and Taveuni islands.



- Hiking on Laucala: A guide can take you on numerous trails or an ambitious four hour trek all the way around the island.
- Bouma Waterfall hike, Taveuni (shown above): A thirty minute boat ride to Taveuni and an exhilarating 3.5 hour hike to three spectacular waterfalls. The first waterfall is said to be 24m tall and popular for swimming. The middle falls has a 15m drop and the upper falls has the shortest drop of 10m, but has a serene setting and much more secluded place for a swim to beat the tropical heat. Be prepared for some slippery rocks, muddy shoes, and rope guided river crossings.

Spa

Pamper your body with an array of relaxing and healing treatments



- The serene Spa is located in the quiet Plateau area of the resort. Take a look through the spa menu for your choice of massages, facials, manicure/pedicure, body scrubs, and body wraps.
- Tadra Beach massage: For a very romantic experience take a five minute boat ride to a secluded beach on Laucala to a covered bure for a couples massage treatment.
- Spa garden tour: A guide will take you through the spa garden to learn more about the flowers and herbs used in our signature products.
- In villa massage: In the convenience and privacy of your own villa, massage therapists will come right to you. Traditional Fijian Bombo, Swedish, and Deep Tissue treatments are available.
- Come to the spa kitchen to create some of our signature products including soaps, candles, bath bombs, body lotion, and after sun lotion.





More Fun Stuff

- Handicraft classes at the cultural center: Try your hand at making traditional Fijian masi paper (shown left), weaving baskets, or wood carving
- Village and school tour on a neighboring island: Take a basket of goodies to a neighboring village to experience some local culture
- Fish on your way over to the beautiful island of Nanuku to enjoy a barbecue lunch and some snorkeling
- Play a game of rugby or volleyball with a lively team of Laucala staff
- Cooking classes: Anthony Healy and his crew will take you through the creation of culinary masterpieces
- Kids Club for children's activities
- Board games
- Watch movies in the upper lounge at the leisure center or in your villa
- Helicopter tours around Qamea, Taveuni, Ringold Islands with the option of a picnic lunch on a secluded beach. A 6 seater aircraft travels from Nadi and back to take you on up to a 1.5 hour tour. See concierge for pricing and details.

